

# Northern District Cross Country Relay Champs -

Seniors - 1. Forbes 49-30 (D Cruikshanks  
12-47 B Chinnik 12-00; P Mathieson 12-58 G

Barklett 11-45) 2, Inverness 50-09 (G Laing 12-27; D Watson 13-11; J Bowman 11-50; G McDowall 12-41) 3, Moray Road Runners 50-20 (E Grant 12-38; A Stuart 12-43; G Milne 12-41; G Simm 12-18) 4, Keith & District 50-49 (W Johnston 13-02; R Arbuckle 13-05; F Beaton 12-57; S Gill 13-05) 5, Peterhead 53-07 (J Robertson 13-11; S Hastie 13-57; K Reid 14-08; A Reid 11-51) 6, Moray Road Runners B 53-56 (J Henderson 13-39; D Stuart 13-51; S Reeve 13-16 K firs 13-10) 7, Moray C 54-44 8, Fraserburgh 55-33; 9, Inverness B 55-38; 10, Moray D 60-12. **Fastest:** 1, R Arbuckle, 2, G Barklett 11-45; 3, J Bowman 11-50; 4, A Reid 11-51 **Young Athletes:** 1, Inverness 34-08 (I Gunn 12-06; S Sutherland 10-56; M Cruden 11-06) 2, Minolta Black Isle: 34-54 (G Martin 11-25; N Pullock 11-23; D Shand 12-06) 3, Fraserburgh 31-17 (A Watson 12-15; D Cowie 12-38; A Simpson 11-24) 4, Inverness B 33-24 (A MacLean 12-45; J Anderson 11-59; A Macrie 11-40) 5, Buckie HS 36-29 (J Cowie 11-39; R Finney 12-45; C Smith 12-05) 6, Moray Road Runners 36-35 (R Thornhill 14-02; R Milne 11-12; S Robertson 11-21) 7, Minolta Black Isle 36-43; 8, Inverness C 36-44; 9, Moray B 36-46, 10, Fraser B 36-44; **Fastest Junior Boy:** G Martin 11-25; **Senior Boy:** S Sutherland 11-26; **Youth:** M Cruden 11-06;

**Women:** 1, Moray Road Runners 25-33 (S Lugnib 8-28; K Scott 7-47; S Stronach 9-18) 2, Minolta 26-04 (L Campbell 9-03; L MacKenzie 8-44; C Falconer 8-17); 3, Fraser B 26-14 (G MacLean 8-16; A Arkall 9-09; L Malley 8-49) 4, Inverness 26-21 (A Cordiner 9-33; M MacDonald 8-24; S Macrae 8-24) 5, Forress 26-49 (F Fairclough 9-23; L Sutherland 8-58; C Simpson 8-28) 6, Moray B 27-22 (L Wilcox 8-51; K Wilcox 8-40; M Stuart 8-51) 7, Minolta 27-34; 8, Inverness B 27-39; 9, Fraser B 28-02; Minolta B 28-28; J MacLean 8-16; **Intermediate:** K Scott 7-47; **Senior:** F Finn (MBI) 8-16.



**GRAHAM LAING:** Rare appearance for Inverness.

# Relay good!

## Forres capture North title again

**FORRES** Harriers won the Northern District cross country relay championships for the second time in a row and the ninth time since the event was inaugurated in 1976.

This year's winning Forres quartet contained only two survivors from the successful formation of 12 months ago.

Graeme Bartlett and Brian Chinnick were in both winning teams, with 1991 gold medallists Graham Burgess and George Reynolds being replaced on this occasion by Derek Cruickshank and Paul Mathieson. Chinnick was also in the triumphant Forres side of 1988.

Former Commonwealth Games marathon man Graham Laing made a rare appearance for Inverness Harriers, giving them a lead on the opening stage. But neither he nor cross country international John Bowman could prevent the Forres men from taking the top honours.

Bowman at least had the consolation of posting the fastest lap time of the day as the Harriers, who also fielded Dave Watson and Grant MacDowall, contented themselves with the silver medals.

Moray Road Runners have never been outside the first three in the past five years, but the top prize has always eluded them. Bronze medallists in 1988, followed by three runners-up placings between 1989 and 1991, and now bronze medallists again with a line-up comprising Eric Grant, Allan Stewart, Graham Milne and George Sim.

The Elgin-based side made amends however in the first official women's championship with a winning formation of Sarah Leibnitz, Kerry Scot and Susan Stronach.

Minolta Black Isle chased hard for second place through Lorna Campbell, Lynn McKenzie and Claire Falconer while Fraserburgh Running Club's Jennifer McLean, Angela Arkell and Lisa Malley secured the bronze award.

Stewart Sutherland was in outstanding form in leading Inverness Harriers to the Young Athletes title with the fastest lap time of the day.

Sutherland, who was also in the Harriers winning squad in 1990, was partnered by Ian Gunn and Mark Cruden.

Minolta Black Isle again had to settle for the silver medals which went to Gary Martin, Norman Tulloch and David Shand while Fraserburgh RC took their second set of bronze medals of the day through the efforts of Alan Watson, David Cowie and Andrew Simpson.

Joyce Norgate (Nairn Road Runners) was 28th in the women's division of the Falkirk People's half marathon.

Norgate clocked 1:38.58 in the race won by British international and former Aberdeen half marathon winner Sandra Branney (City of Glasgow AC) in 1:16.46.

Alan Ross (Forres Harriers) recorded 1:16.40 for 34th place in the men's race won by Alan Robson (Racing Club Edinburgh) in 1:06.52.

Aberdeen AAC's Steve Baxter was 86th (1:22.17) in the field of 1024 runners.